

# Advocacy

Bournemouth & Poole Advocacy Service is a **free service**, which provides independent, impartial and confidential support, to people with mental health problems who are experiencing difficulties with a variety of issues. This could include:

- Representation at meetings
- Support through legal processes
- Support with accommodation issues
- Pursuing complaints
- Support at appeals and tribunals
- Involvement in care planning
- Assistance in accessing specialist advice

The Advocate will work with you to establish what the issues are and will then assist to ensure that your voice is heard. If you would like support and live in the Bournemouth and Poole area and are under the care of a Community Mental Health Team, then please ring us on:

Bournemouth & Poole  
Advocacy Service  
73 Talbot Avenue  
Bournemouth  
Dorset  
BH3 7HT

**01202 518989**

(Monday to Friday)

Email enquiries: [bpas@rethink.org](mailto:bpas@rethink.org) . Website: [www.rethink.org](http://www.rethink.org). Acknowledgements: We thank all our partner agencies who support and fund our work.

